

MENU

MON

TUES

WED

THUR

FRI

MORNING SNACK

Teddy
Grahams

Whole Grain
Cheez-its

All Natural
Applesauce

Whole Grain
Goldfish

Hand Fruit

HOT LUNCH ENTREE

Turkey Tacos
Sautéed Ground
Turkey, Lettuce,
Tomato, Cheddar,
Salsa, Soft Tortillas,
Tortilla Chips

Chicken Tenders
Assorted Dipping
Sauces,
Fresh Salad

Pasta
Plain Cavatappi,
House-Made
Marinara

Pizza
Cheese,
Pepperoni,
Vegetable

Beaver BBQ
Hamburgers,
All Beef Hot Dogs,
Veggie Burgers,
Lettuce, Tomato,
American Cheese

SALAD BAR

Greens: Chopped Romaine, Spring Mix, Edamame, Grape Tomato, Shredded Carrots, Hummus, Sliced Cukes

Dressing: Caesar, House Balsamic, House Greek, Ranch

Assorted Vegetable Crudite

DELI BAR

Deli Bar: Sliced Turkey, Tuna Salad, American Cheese, Sliced Tomatoes, Red Leaf Lettuce

Breads: Wheat Wrap, Wheat Pita, Honey Wheat, Wheat Pullman, Multigrain, Whole Grain Gluten Free Udis, Plain Bagels

Condiments: Ketchup, Mustard, Mayo, BBQ Sauce, Cream Cheese

DESSERT

Fresh Fruit
Salad

Home-Baked
Sugar Cookies

Chocolate
Pudding

Watermelon

Chloe's Fruit
Popsicles

BEVERAGES

Skim Milk, 2 % Milk, Chocolate Milk, Water, (Soy Milk available)

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MORNING EXTENDED DAY

Cereals: Raisin Bran, Cheerios, Rice Krispies, Golden Grahams
Breads: Plain Bagels, Wheat Pullman, Honey Wheat, Multigrain
 Cream Cheese, Sunbutter, Grape Jelly, Butter
 Skim Milk, 2% Milk, Soy Milk

EXTENDED DAY 2:00-4:00 4:00-6:00

Goldfish,
Hand Fruit,
Saltines

Watermelon,
Hand Fruit,
Saltines

Chips and Salsa,
Hand Fruit,
Saltines

Cheez-its,
Hand Fruit,
Saltines

Smartfood,
Hand Fruit,
Saltines

OFF CAMPUS TRIPS

Snack: Teddy Grahams, Whole Grain Cheez-its, Apple Sauce, Whole Grain Goldfish, Hand Fruit
Lunch: Turkey, Cheese, Tuna, Bagel with Cream Cheese, Sunbutter and Jelly, Sunbutter, all made on whole wheat bread
Dessert: Cookies, Hand Fruit

GLUTEN FREE AM SNACK

Bare Crunchy
Apple Chips

Lucy's Cookies,
Allergen Free

Applesauce

Tostitos Baked
Scoops

Hand Fruit

GLUTEN FREE LUNCH ENTREE

Hard Taco Shell

Gluten Free
Chicken Fingers

Gluten Free Pasta

Gluten Free Pizza

Gluten Free Buns

GLUTEN FREE EXTENDED DAY SNACK

Lucy's Cookies

Watermelon

Tortilla Chips and
Salsa

Bare Crunchy
Apple Chips

Smartfood