|  |  |
| --- | --- |
| When choosing clothing for any outdoor adventure activity we recommend dressing in layers. Layers give you the most versatility to adjust to changes in weather conditions. We also recommend using synthetic or wool fabrics over cotton. Cotton when wet does not retain heat. Synthetic and wool fabrics are more tolerant to wet conditions, dry more easily and remain warm even when wet. All other camping supplies and tents are provided by Beaver Summer Camp. |  |
| **GEAR**  |  |
| **Equipment** | **Quantity** | **Comments** |  |  |
| Backpack/Duffel Bag | 1 - 2 | A small school sized pack is good to use as a day pack combined with a duffel bag for other items |  |  |
| Sleeping Bag & Pad | 1 | Synthetic Only, No cotton or fleece |  |  |
| Hiking Boots & Camp Shoes | 1 | Please wear new boots prior to camp, a second pair of sneakers for after hiking around camp |  |  |
| Pillow | 1 | Your favorite pillow and pillow case |  |  |
| Hygiene Supplies | 1 | Tooth brush, tooth paste, deodorant, medicine, contacts or glasses, etc.  |  |  |
| Headlamp or Flashlight | 1 | Recommend something small w/ extra batteries |  |  |
|  |  | **CLOTHING** |  |  |
| **Equipment** | **Quantity** | **Comments** |  |  |
| Short Sleeve Shirts | 1 – 2 |  |  |  |
| Long Sleeve Shirts | 1 – 2 |  |  |  |
| Sweatshirt/Fleece Layer | 1 | A warm upper body layer |  |  |
| Rain/Wind Jacket | 1 |  |  |  |
| Underwear | 2 – 3 |  |  |  |
| Shorts | 1 – 2 |  |  |  |
| Long Pants | 1 – 2 |  |  |  |
| Socks | 2 – 3 pair |  |  |  |
| Long Underwear | 1 | May be necessary at night or in wet conditions |  |  |

**\*\*\*Remember you must also bring items included on the ‘Every Day Gear List’\*\*\***